

# THOFAS ANNUAL MEETING 2023, September 21, 2023

## Day 1 September 21 (Thursday), 2023

Time	Topic	Speaker
<b>Session 1 Trauma 1: Ankle fracture</b>		
<b>Moderator 1</b>	Supoj Kungwan	
<b>Moderator 2</b>	Natapong Kaewsawang	
07:30-07:40	Fixation fibula in PER, SER, PA, and SA type ankle fracture: What are the different and how I fixed them perfectly?	Pongpanot Sornsakrin
07:40-07:50	Simple to complex medial malleolar fracture in PER, SER, PA, and SD: What are implants and technique that I fix them?	Apisarn Chinanuvathana
07:50-08:00	Posterior malleolar fracture: Does 25% involve articular is indication of surgery and what is the optimal surgical fixation in my practice?	Krit Rachayon
08:00-08:10	Avulsion Wagstaffe or Chaput tubercle in ankle fracture: Should fix or ignore it?	Satetha Vasaruchapong
<b>Session 2 Trauma 2: Associated Injury with ankle fracture</b>		
<b>Moderator 1</b>	Bavornrit Chuckpaiwong	
<b>Moderator 2</b>	Korakot Thamphongsri	
08:20-08:30	Deltoid ligament injury with ankle fracture: Don't miss and how I repair it?	Aekachai Jaroenarpornwatana
08:30-08:40	Syndesmotom injury: Update technique for evaluation and screw, suture button, or suture tape: which is the best implant in my hand?	Chakorn Rimchala
08:40-08:50	Malreduction syndesmosis: Is it really affect the outcomes and how I evaluate and prevention?	Thanut Valleenukul
08:50-09:00	Role of arthroscopy in ankle fracture for associated ligamentous injury and osteochondral injury: Waste or good procedure	Jirawat Saengsin
09:10-09:20	<b>Open ceremony of THOFAS Annual Meeting 2023</b>	<b>President RCOST and President THOFAS</b>
09:20-09:50	<b>Coffee Break and Visiting boot</b>	
<b>Session 3 Trauma 3: Complicated ankle fracture</b>		
<b>Moderator 1</b>	Pol.Lt.Col. Akegapon Tangmanasakul	
<b>Moderator 2</b>	Yatithorn Benyajati	
09:50-10:00	Diabetic ankle fracture: Current treatment strategies and how I choose implants and fix it?	Sora Tonsuthanluck
10:00-10:10	Osteoporotic ankle fracture: What is the update treatment and my experience to deal with it	Atjapol Maprajong
10:10-10:20	Role of osteoporotic drug in acute osteoporotic ankle fracture: When, Why, and How?	Pol.Col.Dr.Tanawat Amphansap
10:20-10:30	Malunion and neglected ankle fracture: When I should fix or when I should osteotomy?	Lt. Yantarat Sripanich
<b>Session 4 Trauma 4: Outcomes after ankle fracture</b>		
<b>Moderator 1</b>	Warongporn Pongpinyopap	
<b>Moderator 2</b>	Penpun Lertwattanachai	
10:40-10:50	When patients come with inadequate ankle fixation: Run away or fight with it	Sqn. Ldr. Pongpol Petchkum
10:50-11:00	Complications following ankle fracture: What are they and how I solved them?	Tanakorn Jirapanuroj
11:00-11:10	What is the long term outcomes after ankle fracture: Can we control them?	Penpun Lertwattanachai
11:10-11:20	Do we need to remove implant? If yes, when and what else should we do at the same time?	Pramote Thanasupakornkul
11:30-12:30	<b>Lunch Symposium</b>	
	<b>New Era of Implant Fixation System in Foot &amp; Ankle Diseases and Trauma: Case Based Discussion</b>	Chamnanni Rungprai Marut Arunakul Tanawat Vaseenon

<b>13:00-14:00</b>	<b>Workshop 1</b>	<b>Workshop 2:</b> "Ankle Ultrasound: Ligaments and Tendons"	<b>Workshop 3:</b> "Innovation of Fish Skin for Hard to Heal Wound"
	Moderator: Yantarat Sripannich How to use Arthrex implants for acute ankle fracture?: Chamnanni Rungprai Lateral Ankle Instability combine ATFL and CFL Repairs with Internal Brace ligament augmentation: Marut Arunakul	Moderator: Akegapon Tangmanasakul Speaker: Numphung Numkarunarunrote Panelist: Rawisara Lerdpaisarn	Speaker: Tulyapruet Tawonsawatruk Speaker: Tanawat Vaseenon Speaker: Pongsatorn Chailertpongsa

**Session 5 Trauma 5: Highlight fracture in foot and ankle**

**Moderator 1** Supachok Rasamimongkol  
**Moderator 2** Wipoo Somsuk

14:00-14:10	Calcaneal fracture Sander IV: Fixation alone versus primary fusion of subtalar joint through lateral extensile approach	Methee Khongphaophon
14:10-14:20	Talus fracture Hawkin type IV: How I gather them back inplace?	Pat Chulasiri
14:20-14:30	Ruedi and Allgower Type III Pilon fracture: How I can save patient's distal tibia?	Theerawoot Tharmviboonsri
14:30-14:40	Dancer fracture: Surgery versus conservative treatment?	Pisit Boonma

**14:00-16:00 Research contest**  
**Moderator:**  
**Co-moderator:**

- 1
- 2
- 3
- 4
- 5

14:50-15:20 Coffee Break and Visiting boot

**Session 6 Miscellaneous in Foot and ankle surgery 1**

**Moderator 1** Chalal Jaruwan  
**Moderator 2** Pataporn Prachapinyo

15:30-15:40	Tarsal tunnel syndrome: How to make a correction diagnosis and my technique for surgical release?	Natapong Kaewsawang
15:40-15:50	Morton neuroma: Can it occur more than 1 webspace and how I get rid off them?	Tinnart Sittapairoj
15:50-16:00	Recalcitrant plantar fasciitis: How do you kill it for patient?	Chatchavan charoenthamruksa
16:10-16:20	Hallux rigidus: my technique for fusion and Cheilectomy	Jakrapong Orapin

**Session 7 Miscellaneous in Foot and ankle surgery 2**

**Moderator 1** Taradon Toruen  
**Moderator 2** Thaweetoon Thongmai

16:25-16:35	Hammer toe deformity: How I deal with flexible to fix deformity?	Aekachai Jaroenarpornwatana
16:35-16:45	Frieberg's disease: How I take care it?	Sukij Laohajaroensombat
16:45-16:55	Anterior ankle bony impingement: My technique to hunt them down without injury to surround structures.	Tanarat Hempongphan
16:55-17:05	Accessory navicular: Which one better between Modified Kidner operation and fusion?	Krit Prugsawan

# THOFAS ANNUAL MEETING 2023

## Day 2 September 22 (Friday), 2023

Time	Topic	Speaker
<b>Session 2 Sport injury 1</b>		
<b>Moderator 1</b>	Narutchai chotikkakamthorn	
<b>Moderator 2</b>	Piriya Panichpibool	
07:40-07:50	Os Trigonum and FHL tenosynovitis: Open versus arthroscopic technique and which one I like?	Methasit Suksinthanon
07:50-08:00	Navicular stress fracture in foot: What is my strategies and when will I operate it?	Sqn. Ldr. Thanut Valleenukul
08:00-08:10	Peroneal tendon dislocation: Debridement low lying PB, Grove deepening, SPR reconstruction: Do I perform all of these?	Sukij Laohajaroensombat
08:10-08:20	Turf toe injury: I want to share my surgical technique	Sqn. Ldr. Thanut Valleenukul
08:20-08:30	Non-union medial and lateral sesamoid stress fracture: When, why, and how I remove them?	
<b>Session 2 Sport injury 2</b>		
<b>Moderator 1</b>	Bussakorn Chaledapong	
<b>Moderator 2</b>	Palakorn Patanasittangkur	
08:35-08:45	Acute Achilles tendon rupture: Update my technique for open repair and compared to current trend in 2023	Pissanu Reingrittha
08:45-08:55	Acute Achilles tendon rupture: I believed in minimally invasive surgery and what did I learn from the past	Parinya maneeprasopchoke
08:55-09:05	Chronic Achilles tendon rupture with large gap: My magic for bridging the Achilles	Adithep Suntichotiwong
09:05-09:15	Charcot arthropathy: How I fix them surgically?	Krit Prugsawan
09:15-09:30	Diabetic foot ulcer: Update wound care and how is my current practice.	Jakrapong Orapin
09:30-10:00	<b>Coffee Break and Visiting boot</b>	
<b>Session 3 Sport injury 3</b>		
<b>Moderator 1</b>	Yingyos Ratanacharatroj	
<b>Moderator 2</b>	Methasit Suksinthanon	
10:00-10:10	Osteochondral lesion of the talus: I fully trust in microfracture alone	Pongsatorn Chailertpongsa
10:10-10:20	Large osteochondral lesion of the talus: What else I can do better than just microfracture alone?	Lt. Col.Chamnanni Rungprai
10:20-10:30	My experience of open medial malleolar, anterolateral malleolus, or distal fibular osteotomy for OLT: Is it simple to everyone?	Jirun Apinan
10:30-10:40	Failed either first or second microfracture: What should I do next?	Jirawat Saengsin
<b>Session 4 Special topics</b>		
<b>Moderator 1</b>	Chamnanni Rungprai	
<b>Moderator 2</b>	Lt. Yantarat Sripanich	
10:45-10:55	Hallux valgus surgery: What did I learn in the past 10 years? (THOFAS president)	Marut Arunakul
10:55-11:05	Top 3 of my successful surgery versus top 3 of my terrible sugery: What did I learn from the them? (Past president THOFAS)	Tanawat Vaseenon
11:05-11:15	Top 3 of my successful surgery versus top 3 of my terrible sugery: What did I learn from the them? (THOFAS president elective)	Jirun Apinun
11:15-11:25	Usage of antibiotic impregnated absorbable bone cement in foot and ankle	Songwut Thitiboonsuwan
11:30-12:30	<b>Lunch Symposium 1</b>	
	<b>The New Alternative benefit for the patient with Foot and Ankle OA</b>	Sukij Laohajaroensombat Marut Arunakul Jirawat Saengsin
12:30-13:00	<b>Lunch Symposium 2</b>	
	<b>Speedy recovery strategy for Ankle and Foot injuries</b>	Speaker: Chayanin Anghthong Speaker: Cholawish Chanlalit

13:00-14:00

**Workshop 1:  
Tips and Tricks in Foot & Ankle Trauma "Case Discussion"**

**Workshop 2:  
Managing Implant related Wound with  
NPWTi-d (Veraflo)**

**Workshop 3:  
Tips and tricks for the treatment of Insertional  
Achilles Tendinopathy: CrossBridge technique**

Sukij Laohajaroensombat  
Marut Arunakul  
Lt.Col. Chamnanni Rungprai

Speaker: Jirawat Saengsin

Speaker: Parinya Maneeprasopchoke

**Session 5**

**Trauma 5: Total ankle replacement**

**Moderator 1** Pisit Boonma

**Moderator 2** Parinya maneeprasopchoke

14:00-14:10 From Hintegra to Cadence: Sharing my experiences of both implants  
14:10-14:20 My painful learning curve of total ankle replacement: How I can do it better next time?  
14:20-14:30 Varus or valgus arthritis: How far I can go with total ankle replacement  
14:30-14:40 Ankle arthrodesis: Can it be the last bullet for ankle arthritis?

Chayanin Anghthong  
Tanawat Vaseenon  
Thos Harnroongroj  
Yingyos Ratanacharatroj

**Session 6**

**Miscellaneous in Foot and ankle surgery 3**

**Moderator 1** Songwut Thitiboonsuwan

**Moderator 2** Jittamat Utakapintanond

15:00-15:10 Plantar plate injury: Sharing my experience of one versus multiple MTP joint deformity  
15:10-15:20 Achilles tendon contracture: How I perform lengthening?  
15:20-15:30 Viscosupplement and PRP: Where I can inject in foot and ankle?  
15:30-15:40 Custom made insole in foot and ankle deformity: How I make it appropriately?

Lt.Col. Chamnanni Rungprai  
Tinnart Sittapairoj  
Atthaporn Siriburananon  
Siranya Paecharoen

**Session 7**

**Foot deformity**

**Moderator 1** Krit Rachayon

**Moderator 2** Nattapong Sasipotiwon

16:00-16:10 Flexible flatfoot deformity: How I evaluate and my surgical technique for correct the deformity?  
16:10-16:20 Fixed flatfoot deformity: How can we make a perfect alignment after tripple fuison and pantalar fuison?  
16:20-16:30 Deltoid ligament reconstruction in Stage IV flatfoot deformity  
16:30-16:40 Cavovarus foot deformity: What are my successful surgical correction?

Marut Arunakul  
Ishthayapong Kanjanakeereewong  
Jirun Apinun  
Chayanin Anghthong

**Closing remarks**